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**TEGAN AND SARA’S NEW ALBUM – *HEY, I’M JUST LIKE YOU* –**

**IS OUT TODAY**

**Watch Tegan And Sara On *The Late Show With Stephen Colbert* Tonight**

**And *A Little Late With Lilly Singh* On October 2**

**Sold-Out Headline Tour Includes September 28 Show At Orpheum Theatre In**

**Los Angeles**

***High School,* Tegan And Sara’s First Memoir, Out Now**



**September 27,2019 (Los Angeles, CA)** – **Tegan and Sara’s** new album, [***Hey, I’m Just Like You***](https://teganandsara.lnk.to/HeyImJustLikeYou)*,* was released today by Sire. The album – which features new recordings of their very first songs, written between the ages of 15 and 17 – follows their first memoir, *High School,* which was published by MCD X FSG (USA) earlier this week. To celebrate, **Tegan and Sara** will perform on*The Late Show with Stephen Colbert* tonight and discuss both the album and the book. They will visit *A Little Late with Lilly Singh* on October 2.

Their sold-out**,** multi-dimensional headline tour continues tomorrow with a show at the Orpheum Theatre in Los Angeles. One dollar from every ticket sold on the tour will benefit the [**Tegan and Sara Foundation**](https://www.teganandsarafoundation.org/), which fights for health, economic justice, and representation for LGBTQ girls and women. See below for itinerary and visit [teganandsara.com](http://teganandsara.com)for additional information.

In [this](https://www.nytimes.com/2019/09/24/arts/music/tegan-and-sara-high-school.html) feature, *The New York Times* noted, “The feminist pop stars look back at their traumas, triumphs and life as identical twins… Some of the songs evoke the ‘90s indie pop of the band’s Lilith Fair era, while others could be the seeds of electronic-dance bangers. The connective thread is the unguarded emotionality of a teenage perspective.” *Entertainment Weekly* observed, “The indie-rock duo's new memoir and companion album ditches rock stardom for a funny, raw, and relatable look at being a teen.”

*Pitchfork*, *USA Today* and *Billboard* hailed ***Hey, I’m Just Like You*** as one of the most anticipated albums of the fall. *Paste* said, “you can hear Tegan and Sara’s younger selves coming to terms with early relationship experiences, rejection, their own queerness…The time-capsule quality of the material allows for multiple meanings. When sung by a thirty something, the deceptively ebullient ‘We Don’t Have Fun When We’re Together Anymore’ could be a lament for a passionless marriage. In fact, it’s a teenager venting about alienation within one’s own friend group.”

Listen to NPR *Fresh Air* host Terry Gross interviewing **Tegan and Sara** [**HERE**](https://www.npr.org/2019/09/23/763372362/tegan-and-sara-find-pain-and-unexpected-joy-in-high-school). In a new episode of the Genius series *Verified*, **Tegan and Sara** break down the lyrics to the track **“Don’t Believe The Things They Tell You (They Lie).”** View [**HERE**](https://www.youtube.com/watch?v=ZPVCk2iaP9s).



(Photo credit: Trevor Brady)

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**Digital Assets:**

Download hi-res album cover art [**HERE**](https://drive.google.com/drive/folders/1aPL2W8nWEsenLtdRlFtdKrBOjIsio9_A?usp=sharing)

Download hi-res Tegan and Sara photo [**HERE**](http://press.warnerrecords.com/teganandsara/)

Purchase *Hey, I’m Just Like You* [**HERE**](https://teganandsara.lnk.to/HeyImJustLikeYou)

Tour information [**HERE**](https://teganandsara.com/shows/)

Read *The New York Times* feature[**HERE**](https://www.nytimes.com/2019/09/24/arts/music/tegan-and-sara-high-school.html)

Listen to NPR interview [**HERE**](https://www.npr.org/2019/09/23/763372362/tegan-and-sara-find-pain-and-unexpected-joy-in-high-school)

View *Verified* episode [**HERE**](https://www.youtube.com/watch?v=ZPVCk2iaP9s)

Purchase (book) *High School* [**HERE**](https://www.mcdbooks.com/high-school/)

Images for book cover [**HERE**](https://drive.google.com/drive/folders/12ywWIMVioOTfsJcrcbB7bZjreUbtsMvi)

Find out more about the Tegan and Sara Foundation [**HERE**](https://www.teganandsarafoundation.org/)

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